

The #True Colours Kindness Challenge

Use this calendar to record your daily kindness acts.

Month _____		Year _____				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●

Congratulations You've completed a whole month of being kind ~ can you keep it going?

Colour the world with kindness



THE GREAT BRITISH CHILDREN'S CHALLENGE